

Simple Rules To Stay Safe

There are some very simple rules that you can follow to help you stay safe when you are not with a trusted adult

1. **NEVER** go anywhere with somebody that you don't know or don't trust. Stay well away from strangers' cars.
2. **NEVER** take anything from a stranger even if it is something personal that belongs to you.
3. **NEVER** talk to strangers even if they know your name. If they try to start a conversation with you it's OK to just ignore them and not look at them. Keep walking or run away if you feel scared.

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4. **ALWAYS** stay with a friend or a group of friends if at all possible. There is safety in numbers !
5. **ALWAYS** follow rules about places that you are not allowed to go. Make sure somebody knows where you are going and when you will be back.