

# What should I know about prayer?

**Elder Russell M.  
Nelson of the  
Quorum of the  
Twelve Apostles  
shares some of his  
thoughts on this  
subject.**



*Fill in the areas  
containing a dot with  
one color, then fill in the  
rest of the areas with  
different colors.*

We may  
pray to Him  
any time.

Prophets have long told  
us to pray humbly and  
frequently.

Prayers can  
be offered  
even in  
silence. One  
can think a  
prayer.

A loving Father in Heaven  
wants to hear from His  
children. Through prayer, we  
can show our love for God.

We pray privately, with our  
families regularly, at mealtime,  
and in daily activities.

Jesus revealed that we  
pray to a wise Father  
who knows what things  
we have need of, before  
we ask Him.