

DID YOU KNOW?

Hand washing
with soap and water can
reduce sickness by
up to 45%

WHEN SHOULD YOU WASH YOUR HANDS?



TRY THIS!

Sing *The Hand Washing Song* below to
the tune of *Frère Jacques*. This song lasts
about 20 seconds, the amount of time
you should spend washing your hands.

Lather with soap
Rub your palms together
Now the backs
Of your hands
Interlace your fingers
Cleaning in between them
Now the thumbs
Clean your nails

