

**If you are honest
about yourself:**

You learn who you are.

You love yourself.

You build your identity.

You accept the differences of others.

You learn about your heritage.

**If you lie
about yourself:**

You lose self-esteem.

You hurt others.

You live a lie.

You have no real identity.

You lose what makes you unique.



Rachel Dolezal took a new identity and claimed to be a person of color. Rachel is not African American nor a black person. Rachel is a Caucasian of European descent.